

Early Bird Promotion

Time 10.00 am - 11.00 am | Special offer from 1 January – 31 March 2026

Thai Massage 60 mins	Discounted from THB 1,900	Early bird price 1,300
Aromatic Massage 60 mins	Discounted from THB 2,500	Early bird price 1,500
Asian Blend Massage 60 mins	Discounted from THB 2,500	Early bird price 1,600



All prices are subject to 10% service charge and 7% government tax.

Special offer from Treatment at High Spa

1 October 2025 – 31 March 2026



Foot Massage 60 mins **Special Deal 1,300**

(Discounted from THB 1,900 Per Person)

Head massage 60 mins **Special Deal 1,400**

(Discounted from THB 1,900 Per Person)

Back massage 60 mins **Special Deal 1,500**

(Discounted from THB 1,900 Per Person)

Thai Massage 60 mins **Special Deal 1,500**

(Discounted from THB 1,900 Per Person)

Aromatic Massage 60 mins **Special Deal 1,800**

(Discounted from THB 2,500 Per Person)

Asian Blend Massage 60 mins **Special Deal 1,900**

(Discounted from THB 2,500 Per Person)

High Experience Package 120 mins (Discounted from THB 4,900)

Special Deal 3,500 (Per Person)

Spa Buffet Package 150 mins (Discounted from THB 6,000)

Special Deal 5,000 (Per Person)

Touch of Heaven Package 150 mins (Discounted from THB 10,000)

Special Deal 8,500 (Per Couple)



All prices are subject to 10% service charge and 7% government tax.

High Spa



Special offer from 1 October 2025 – 31 March 2026
Massage at the Beach

BEACH MASSAGE (60 MINS) **THB 850 PER PERSON**
(DISCOUNTED FROM THB 1,200 PER PERSON)

FOOT MASSAGE (60 MINS) **THB 850 PER PERSON**
(DISCOUNTED FROM THB 1,200 PER PERSON)

All prices are subject to 10% service charge and 7% government tax.

Christmas & New Year Special!

7 8 9

The season of joy is here!

If the last 3 digits of your passport or ID number match the lucky

Dragon Numbers 7, 8, 9
you'll enjoy exclusive spa discounts!

Valid from 20 December 2025 – 10 January 2026

_ends with 7 or 8 or 9

Get **30% OFF** on any treatment
from our spa menu

_ends with 789 in sequence

Get **50% OFF** on any treatment
from our spa menu

*Applicable to all treatments in the spa menu

*Cannot be combined with other promotions

Please present your passport or ID number that meets these conditions
before booking at High Spa



PRIVATE THAI HERBAL

COMPRESS

PRICE: 1,300 THB PER PERSON

IMMERSE YOURSELF IN THE ANCIENT ART OF THAI HEALING WITH THIS INTERACTIVE, HANDS-ON WORKSHOP.



INGREDIENTS (1 BALL)

- PLAI – RELIVES SPRAIN, BRUISES, SWELLING, INFLAMMATION, PAIN, TIGHT MUSCLES, AND STIFFNESS.
- TURMERIC – TREATS SKIN DISEASE, PROMOTES WOUND HEALING, REDUCES INFLAMMATION, AND DISINFECTS.
- KAFFIR LIME PEEL – RELIEVES DIZZINESS AND INTERNAL BRUISING.
- LEMONGRASS – EASES INFLAMMATION, MUSCLE PAIN, AND JOINT PAIN.
- TAMARIND LEAVES – RELIEVES ITCHING AND NOURISHES THE SKIN.
- SOM POI LEAVES – CLEANSES THE SKIN, STRENGTHENS ITS RESISTANCE TO DISEASE, AND RELIEVES BODY ACHEs.
- SALT – ABSORBS HEAT AND ENHANCES MEDICINAL ABSORPTION THROUGH THE SKIN.
- CAMPHOR – ADDS A REFRESHING SCENT AND PROMOTES HEART NOURISHMENT.

WHAT YOU'LL LEARN

- INTRODUCTION TO TRADITIONAL THAI HERBS AND THEIR HEALING PROPERTIES.
- STEP-BY-STEP INSTRUCTIONS TO CRAFT YOUR OWN HERBAL COMPRESS BALL.
- PRACTICAL TECHNIQUES FOR USING THE COMPRESS SAFELY AND EFFECTIVELY.

IN JUST ONE HOUR, YOU'LL GAIN THE SKILLS TO CREATE AND USE A TRADITIONAL THAI HERBAL COMPRESS. TAKE HOME YOUR HANDMADE CREATION AND KNOWLEDGE TO BRING NATURAL HEALING INTO YOUR EVERYDAY LIFE AND SHARE IT WITH YOUR LOVED ONES.

PRICE IS SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX.

High Spa



REJUVENATE YOUR BODY & SOUL

TRADITIONAL THAI MASSAGE

60	MINS	1,900
90	MINS	2,500
120	MINS	3,000

ASIAN BLEND MASSAGE

60	MINS	2,500
90	MINS	3,500
120	MINS	4,500

AROMATIC MASSAGE

60	MINS	2,500
90	MINS	3,500
120	MINS	4,500

SWEDISH MASSAGE

60	MINS	2,500
90	MINS	3,500
120	MINS	4,500

THAI HERBAL COMPRESS

90	MINS	3,000
120	MINS	3,500

INDIAN HEAD

60	MINS	1,900
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HIGH SIGNATURE

90	MINS	3,900
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BACK RECOVERY

60	MINS	1,900
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EMOTIONAL FOOT MASSAGE

60	MINS	1,900
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High Spa



BEAUTY & SPA

LEMONGRASS EXFOLIATE

60 MINS 2,500

INDULGENCE SMOOTHING MASK

60 MINS 2,500

TAMARIND & HONEY SCRUB

60 MINS 2,500

WHITENING BODY MASK

60 MINS 2,500

COFFEE CARAMEL SCRUB

60 MINS 2,500

GREEN TEA BODY MASK

60 MINS 2,500

HIGH SIGNATURE BODY SCRUB

60 MINS 2,500



High Spa



FACIAL TREATMENT & ADD INDULGENCE

FACIAL TREATMENT

RESTORATIVE

60 MINS 3,500

BRIGHTENING

60 MINS 3,000

DEEP CLEANSING

60 MINS 2,300

ADD INDULGENCE

HERBAL STEAM

30 MINS 2,000

SAUNA

30 MINS 2,000

BATH

30 MINS 2,900

High Spa

OUR PACKAGE

REVITALIZE (2 HRS.) 4,900

- HERBAL STEAM 30 MINS
- BACK RECOVERY MASSAGE 90 MINS

AWAKEN (2 HRS 30 MINS) 5,500

- SERENITY MILKY BATH 30 MINS
- CHOICE OF BODY MASK 60 MINS
- AROMATIC MASSAGE 60 MINS

INNER BALANCE (2 HRS 30 MINS) 5,500

- HERBAL STEAM 30 MINS
- CHOICE OF BODY SCRUB 60 MINS
- AROMATIC MASSAGE 60 MINS

KOH KOOD SENSATION (3 HRS.) 7,500

- HERBAL STEAM 20 MINS
- CHOICE OF BODY SCRUB 40 MINS
- BATH 30 MINS
- SIGNATURE MASSAGE 60 MINS
- MINI FACIAL 30 MINS

INTRODUCE

RESERVE FOR TREATMENT

EITHER PHONE OR VISIT THE HIGH SPA TO BOOK A RESERVATION AT YOUR EARLIEST CONVENIENCE SO WE MAY ACCOMMODATE YOUR SCHEDULE.

ARRIVAL TIME

PLEASE ARRIVE AT LEAST 15 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT TIME TO COMPLETE THE CHECK IN, AND ARRIVAL 30 MINUTES IN ADVANCE THEN YOU CAN ENJOY OUR FACILITIES: STEAM AND SAUNA. ARRIVING LATE WILL LIMIT TREATMENT TIME AS WE MUST COMPLETE YOUR SERVICE ON TIME IN ORDER TO ACCOMMODATE THE NEXT GUEST. SPECIAL HEALTH CONSIDERATIONS.

CANCELLATION POLICY

IF YOU HAVE ANY HEALTH CONCERNs OR ARE PREGNANT, PLEASE INFORM OUR SPA STAFF WHEN BOOKING YOUR TREATMENT. GUESTS ARE ALSO REQUESTED TO COMPLETE A PRE-TREATMENT FORM. FOR CANCELLATION, A MINIMUM OF THREE HOURS NOTICE IS REQUIRED; OTHERWISE, THE FULL SERVICE FEE WILL BE CHARGED.

AGE LIMITATION

CHILDREN UNDER THE AGE OF 14 ARE NOT PERMITTED IN HIGH SPA. GUESTS AGED 14 TO 17 YEARS MUST BE ACCCOMPANIED BY AN ADULT.

SERVICE CHARGE AND TAXES

A 10% SERVICE CHARGE AND 7% VAT WILL BE ADDED TO YOUR BILL

SPA HOURS

HIGH SPA IS OPEN DAILY FROM 10.00 AM. TO 07.00 PM.
THE LAST TREATMENT CAN COMMENCE AT 05.00 PM.