High Spa

Early bird promotion at High Spa

Special offer from 25 July - 16 October 2026

During 10:00 AM - 01:00 PM

Head massage	**60 mins**	**THB 800 Per Person**
(Discounted from THB 1,900 Per Person)		
Back massage	**60 mins**	**THB 800 Per Person**
(Discounted from THB 1,900 Per Person)		
Foot massage	**60 mins**	**THB 800 Per Person**
(Discounted from THB 1,900 Per Person)		
Thai massage	**60 mins**	**THB 900 Per Person**
(Discounted from THB 1,900 Per Person)		
Aromatic massage	**60 mins**	**THB 1,200 Per Person**
(Discounted from THB 2,500 Per Person)		
Asian blend massage	**60 mins**	**THB 1,300 Per Person**
(Discounted from THB 2,500 Per Person)		



Please reserve your spa treatment in advance at rsvn@highseaonresort.com

All prices are subject to 10% service charge and 7% government tax.

High Spa

SPECIAL DEAL AT HIGH SPA

REJUVENATE YOUR BODY AND MIND WITH EXCLUSIVE OFFERS ON OUR SIGNATURE TREATMENTS

SPECIAL OFFER FROM 25 JULY - 16 OCTOBER 2026

MASSAGE

TRADITIONAL THAI MASSAGE (DISCOUNTED FROM THB 1,900 PER PERSON)	**60 MINS**	**THB 1,100 PER PERSON**
AROMATIC MASSAGE (DISCOUNTED FROM THB 2,500 PER PERSON)	**60 MINS**	**THB 1,400 PER PERSON**
ASIAN BLEND MASSAGE (DISCOUNTED FROM THB 2,500 PER PERSON)	**60 MINS**	**THB 1,500 PER PERSON**
HEAD MASSAGE (DISCOUNTED FROM THB 1,900 PER PERSON)	**60 MINS**	**THB 1,000 PER PERSON**
BACK MASSAGE (DISCOUNTED FROM THB 1,900 PER PERSON)	**60 MINS**	**THB 1,000 PER PERSON**
FOOT MASSAGE (DISCOUNTED FROM THB 1,900 PER PERSON)	**60 MINS**	**THB 1,000 PER PERSON**
HIGH SIGNATURE PACKAGE (DISCOUNTED FROM THB 4,900 PER PERSON) (PINEAPPLE SCRUB 30 MINS, MASSAGE 60 MINS, AND MINI FACIAL OR FOOT MASSAGE 30 MINS)	**120 MINS**	**THB 2,900 PER PERSON**

PACKAGE

SPA BUFFET 150 MINS

(DISCOUNTED FROM THB 6,900 PER PERSON)

THB 5,000 PER PERSON

SELECTION OF 27 TREATMENTS ENJOY TO 150 MINS OF COMPLETE BLISS WITH OUR SPA BUFFET

PREMIUM PACKAGE

TOUCH OF HEAVEN 150 MINS

(DISCOUNTED FROM THB 10,000 PER COUPLE)

THB 8,500 PER COUPLE

SAUNA 30 MINS, BODY SCRUB 30 MINS, MASSAGE 60 MINS, AND MINI FACIAL 30 MINS



PLEASE RESERVE YOUR SPA TREATMENT IN ADVANCE AT RSVN@HIGHSEASONRESORT.COM

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX.



TOUCH OF HEAVEN

THB **8,500** FOR **2** PERSONS

DURATION: 150 MINS

SAUNA 30 MINS
LEMONGRASS SCRUB 30 MINS
AROMATIC MASSAGE 60 MINS
MINI FACIAL 30 MINS

(ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX)

SPA BUFFET

THB **5,000** PER PERSON

DURATION: 150 MINS

CREATE YOUR OWN SPA EXPERIENCE WITH OUR SELECTION OF 22 TREATMENTS



High Season
Pool Villa & Spa

PRIVATE THAI HERBAL

COMPRESS

PRICE: 1,300 THB PER PERSON

IMMERSE YOURSELF IN THE ANCIENT ART OF THAI HEALING WITH THIS INTERACTIVE, HANDS-ON WORKSHOP.



WHAT YOU'LL LEARN

- INTRODUCTION TO TRADITIONAL THAI HERBS AND THEIR HEALING PROPERTIES.
- STEP-BY-STEP INSTRUCTIONS TO CRAFT YOUR OWN HERBAL COMPRESS BALL.
- PRACTICAL TECHNIQUES FOR USING THE COMPRESS SAFETY AND EFFECTIVELY.

IN JUST ONE HOUR, YOU'LL GAIN THE SKILLS TO CREATE AND USE A TRADITIONAL THAI HERBAL COMPRESS.TAKE HOME YOUR HANDMADE CREATION AND KNOWLEDGE TO BRING NATURAL HEALING INTO YOUR EVERYDAY LIFE AND SHARE IT WITH YOUR LOVED ONES.

INGREDIENTS (1 BALL)

- PLAI – RELIVES SPRAIN, BRUISES, SWELLING, INFLAMMATION, PAIN, TIGHT MUSCLES, AND STIFFNESS.
- TURMERIC – TREATS SKIN DISEASE, PROMOTES WOUND HEALING, REDUCES INFLAMMATION, AND DISINFECTS.
- KAFFIR LIME PEEL – RELIEVES DIZZINESS AND INTERNAL BRUISING.
- LEMONGRASS – EASES INFLAMMATION, MUSCLE PAIN, AND JOINT PAIN.
- TAMARIND LEAVES – RELIEVES ITCHING AND NOURISHES THE SKIN.
- SOM POI LEAVES – CLEANSES THE SKIN, STRENGTHENS ITS RESISTANCE TO DISEASE, AND RELIEVES BODY ACHES.
- SALT – ABSORBS HEAT AND ENHANCES MEDICINAL ABSORPTION THROUGH THE SKIN.
- CAMPHOR – ADDS A REFRESHING SCENT AND PROMOTES HEART NOURISHMENT.

PRICE IS SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX.

High Spa



REJUVENATE YOUR BODY & SOUL

TRADITIONAL THAI MASSAGE

60	MINS	1,900
90	MINS	2,500
120	MINS	3,000

AROMATIC MASSAGE

60	MINS	2,500
90	MINS	3,500
120	MINS	4,500

THAI HERBAL COMPRESS

90	MINS	3,000
120	MINS	3,500

HIGH SIGNATURE

90	MINS	3,900

ASIAN BLEND MASSAGE

60	MINS	2,500
90	MINS	3,500
120	MINS	4,500

SWEDISH MASSAGE

60	MINS	2,500
90	MINS	3,500
120	MINS	4,500

INDIAN HEAD

60	MINS	1,900

BACK RECOVERY

60	MINS	1,900

EMOTIONAL FOOT MASSAGE

60	MINS	1,900

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX

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BEAUTY & SPA

LEMONGRASS EXFOLIATE

60 MINS 2,500

TAMARIND & HONEY SCRUB

60 MINS 2,500

COFFEE CARAMEL SCRUB

60 MINS 2,500

HIGH SIGNATURE BODY SCRUB

60 MINS 2,500

INDULGENCE SMOOTHING MASK

60 MINS 2,500

WHITENING BODY MASK

60 MINS 2,500

GREEN TEA BODY MASK

60 MINS 2,500

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX

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FACIAL TREATMENT & ADD INDULGENCE

FACIAL TREATMENT

RESTORATIVE

60 MINS 3,500

BRIGHTENING

60 MINS 3,000

DEEP CLEANSING

60 MINS 2,300

ADD INDULGENCE

HERBAL STEAM

30 MINS 2,000

SAUNA

30 MINS 2,000

BATH

30 MINS 2,900

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX

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OUR PACKAGE

REVITALIZE (2 HRS.) 4,900

HERBAL STEAM	30 MINS
BACK RECOVERY MASSAGE	90 MINS

AWAKEN (2 HRS 30 MINS) 5,500

SERENITY MILKY BATH	30 MINS
CHOICE OF BODY MASK	60 MINS
AROMATIC MASSAGE	60 MINS

INNER BALANCE (2 HRS 30 MINS) 5,500

HERBAL STEAM	30 MINS
CHOICE OF BODY SCRUB	60 MINS
AROMATIC MASSAGE	60 MINS

KOH KOOD SENSATION (3 HRS.) 7,500

HERBAL STEAM	20 MINS
CHOICE OF BODY SCRUB	40 MINS
BATH	30 MINS
SIGNATURE MASSAGE	60 MINS
MINI FACIAL	30 MINS

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX

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INTRODUCE

RESERVE FOR TREATMENT

EITHER PHONE OR VISIT THE HIGH SPA TO BOOK A RESERVATION AT YOUR EARLIEST CONVENIENCE SO WE MAY ACCOMMODATE YOUR SCHEDULE.

ARRIVAL TIME

PLEASE ARRIVE AT LEAST 15 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT TIME TO COMPLETE THE CHECK IN, AND ARRIVAL 30 MINUTES IN ADVANCE THEN YOU CAN ENJOY OUR FACILITIES: STEAM AND SAUNA. ARRIVING LATE WILL LIMIT TREATMENT TIME AS WE MUST COMPLETE YOUR SERVICE ON TIME IN ORDER TO ACCOMMODATE THE NEXT GUEST. SPECIAL HEALTH CONSIDERATIONS.

CANCELLATION POLICY

IF YOU HAVE ANY HEALTH CONCERNS OR ARE PREGNANT, PLEASE INFORM OUR SPA STAFF WHEN BOOKING YOUR TREATMENT. GUESTS ARE ALSO REQUESTED TO COMPLETE A PRE-TREATMENT FORM. FOR CANCELLATION, A MINIMUM OF THREE HOURS NOTICE IS REQUIRED; OTHERWISE, THE FULL SERVICE FEE WILL BE CHARGED.

AGE LIMITATION

CHILDREN UNDER THE AGE OF 14 ARE NOT PERMITTED IN HIGH SPA. GUESTS AGED 14 TO 17 YEARS MUST BE ACCOMPANIED BY AN ADULT.

SERVICE CHARGE AND TAXES

A 10% SERVICE CHARGE AND 7% VAT WILL BE ADDED TO YOUR BILL

SPA HOURS

HIGH SPA IS OPEN DAILY FROM 10.00 AM. TO 07.00 PM.
THE LAST TREATMENT CAN COMMENCE AT 05.00 PM.

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX